

**STATE OF NEW YORK - DEPARTMENT OF HEALTH
INTEROFFICE MEMORANDUM**

TO: City/County Directors of Environmental Health
District Directors

FROM: Michael J. Cambridge, Director
Bureau of Community Environmental Health and Food Protection

SUBJECT: 2006 Fact Sheets for Acceptable Certifications:
Aquatics, CPR, and First Aid

DATE: February 3, 2006

As referenced in the Environmental Health Manual Technical Reference CSFP-16, attached are the updated "Fact Sheets" which list certifications that have been determined to be equivalent to those specified in Subpart 7-2 and/or Part 6 of the New York State Sanitary Code.

Recently, changes were made to the recommended guidelines for performing CPR. Although many certification providers will be updating their course materials and training in accordance with the new guidelines, we have been advised that this will not affect the status of an individual's current first aid or CPR certificate.

1. The following Fact Sheets include changes for 2006:

First Aid Certifications for NYS Children's Camp Staff

Four additional courses are accepted as equivalent to ARC "Responding to Emergencies".

- Wilderness Medicine Institute of NOLS- "Wilderness Advanced First Aid"
- Wilderness Medicine Institute of NOLS- "Wilderness First Responder"
- Wilderness Medicine Institute of NOLS- "Wilderness EMT"
- Wilderness Medical Associates- "Wilderness First Aid – 16 hours" *

* Please note: Wilderness Medical Associates also offers a course entitled "Wilderness First Aid option B-16 hours" which is not accepted.

One additional course is accepted as equivalent to ARC "Community First Aid and Safety".

- American Academy of Orthopedic Surgeons-Emergency Care and Safety Institute- "First Aid"

Cardiopulmonary Resuscitation (CPR) Certification for NYS Children's Camps and NYS Bathing Facilities

One additional course is accepted as equivalent to ARC "CPR for the Professional Rescuer."

- American Academy of Orthopedic Surgeons-Emergency Care and Safety Institute- "Professional Rescuer CPR"

2. No course changes have been made to the following fact sheets for 2006:

- Aquatic Certifications for NYS Bathing Facilities
- Camp Aquatics Director for NYS Children's Camp Bathing Facilities
- Progressive Swimming Instructor for NYS Children's Camps
- NYS Bathing Facilities Level III and IV Aquatic Supervision Staff Cardiopulmonary Resuscitation (CPR) Certification

Please distribute the Fact Sheets to facility operators as appropriate. The information will also be updated on the NYSDOH website and the Health Information Network.

If you have any questions regarding these Fact Sheets, please contact Mr. Shay at (518) 402-7600.

Attachments

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cc: Mr. Tramontano
Mr. Svenson
Mr. Bills/Ms. Jones Rafferty
Mr. Sackett
Mr. Van Houten
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Regional Field Coordination Section

FIRST AID CERTIFICATIONS *

for NYS Children's Camp Staff

Fact Sheet - February 2006

Revised

Subpart 7-2 of the State Sanitary Code requires the health director, other staff specified in section 7-2.8, and certain camp trip and activity leaders¹ to possess valid certification in the code standard first aid course, or a course accepted by the Department as being equivalent to or exceeding the standard.

Some medical personnel may possess training and experience that is equivalent to or exceeds this certification requirement (i.e., emergency room (ER) physician or ER nurse). A résumé or list of qualifications should be submitted to the local permit-issuing official for evaluation.

Provider	Certification Title
<i>Code Standard</i>	
American Red Cross (ARC)	<ul style="list-style-type: none"> Responding to Emergencies (RTE)
<i>Accepted Courses</i>	
ARC	<ul style="list-style-type: none"> Emergency Response
ARC	<ul style="list-style-type: none"> Wilderness First Aid Basics
American Safety & Health Institute	<ul style="list-style-type: none"> Basic Wilderness First Aid
American Safety & Health Institute	<ul style="list-style-type: none"> Wilderness First Aid
American Safety & Health Institute	<ul style="list-style-type: none"> Wilderness First Responder
American Safety & Health Institute	<ul style="list-style-type: none"> Wilderness EMT
Canadian Red Cross Society	<ul style="list-style-type: none"> Standard First Aid
(Canadian) St. John Ambulance	<ul style="list-style-type: none"> Advanced First Aid - Level 1
(Canadian) St. John Ambulance	<ul style="list-style-type: none"> Advanced First Aid - Level 2
National Safety Council (NSC)	<ul style="list-style-type: none"> Advanced First Aid First Aid – Level 3
National Safety Council (NSC)	<ul style="list-style-type: none"> First Responder
National Safety Council (NSC)	<ul style="list-style-type: none"> National Safety Council Wilderness First Aid For Remote Locations
National Ski Patrol	<ul style="list-style-type: none"> Outdoor Emergency Care Technician
New York State (NYS)	<ul style="list-style-type: none"> Emergency Medical Technician (EMT)
New York State (NYS)	<ul style="list-style-type: none"> Certified First Responder
SOLO Wilderness Emergency Medicine	<ul style="list-style-type: none"> Wilderness First Aid
SOLO Wilderness Emergency Medicine	<ul style="list-style-type: none"> Wilderness First Responder
SOLO Wilderness Emergency Medicine	<ul style="list-style-type: none"> Wilderness EMT

FIRST AID CERTIFICATIONS *
For NYS Children's Camp Staff
Continued

Wilderness Medical Associates	<ul style="list-style-type: none"> • Wilderness Advanced First Aid
Wilderness Medical Associates	<ul style="list-style-type: none"> • Wilderness First Responder
Wilderness Medical Associates	<ul style="list-style-type: none"> • Wilderness EMT
Wilderness Medical Associates	<ul style="list-style-type: none"> • Wilderness First Aid 16 Hours ⁴
Wilderness Medicine Institute of the NOLS	<ul style="list-style-type: none"> • Wilderness Advanced First Aid
Wilderness Medicine Institute of the NOLS	<ul style="list-style-type: none"> • Wilderness First Responder
Wilderness Medical Institute of the NOLS	<ul style="list-style-type: none"> • Wilderness EMT

At a SUMMER DAY CAMP, when the children's camp activities do not include aquatics, the camp's programs are limited to minimal physical activity, and emergency medical care and consultation is available in less than 5 minutes, the following certifications may be substituted for the Code standard above.

Provider	Certification Title
American Academy of Orthopedic Surgeons (AAOS)	<ul style="list-style-type: none"> • First Aid
ARC	<ul style="list-style-type: none"> • Community First Aid and Safety • Lifeguard Training - Community First Aid & Safety
American Heart Association	<ul style="list-style-type: none"> • Heartsaver First Aid
ARC	<ul style="list-style-type: none"> • Standard First Aid • First Aid Basics • Workplace First Aid • First Aid
American Safety & Health Institute	<ul style="list-style-type: none"> • Basic First Aid - Universal ²
Medic First Aid ³	<ul style="list-style-type: none"> • Medic First Aid Basic ³ • Medic First Aid Pediatric ³ • Medic First Aid Emergency Care ³
EMS Safety Services Inc.	<ul style="list-style-type: none"> • First Aid • First Aid and CPR
NSC	<ul style="list-style-type: none"> • Standard First Aid • First Aid – Level 2
Workplace CPR	<ul style="list-style-type: none"> • Emergency Rescue

***FIRST AID CERTIFICATIONS ARE VALID FOR A MAXIMUM OF THREE YEARS**

¹A trip leader of a camp trip that includes an activity where emergency medical care is not readily available or an activity such as wilderness hiking, rock climbing, camping, horseback riding, bicycling, swimming and/or boating shall possess or be accompanied by staff who possess certifications in ARC RTE or one of the additional acceptable courses.

An activity leader of an activity on the camp property where other staff certified in first aid in accordance with Section 7-2.8 of Subpart is not readily available, shall possess or be accompanied by staff who possess certifications in ARC RTE or one of the additional acceptable courses.

²Universal must be checked on the card face.

³Medic First Aid cards must be accompanied by a "Successful Evaluation Certificate" which indicates that the individual has passed written and performance evaluations and the course included modules on Burns, Bites, Stings, Exposure to Heat, Exposure to Cold and Splinting Painful, Swollen, or Deformed Limbs.

⁴ Wilderness Medical Associates course entitled "Wilderness First Aid option B – 16 Hours" is not acceptable.

CARDIOPULMONARY RESUSCITATION* (CPR) CERTIFICATION for NYS Children's Camps and NYS Bathing Facilities

Fact Sheet - January 2006

The New York State Sanitary Code (SSC) requires certain staff to possess a valid two-rescuer cardiopulmonary resuscitation (CPR) certification in the code standard or a course accepted by the Department as being equivalent to or exceeding the standard as follows:

Children's Camps (Subpart 7-2 of the SSC)- CPR certification is required for the health director and other staff specified in sections 7-2.8 and 7-2.11(a)(5), aquatics director, lifeguards, and certain trip and activity leaders¹.

Swimming Pools and Bathing Beaches (Part 6 of the SSC)- CPR certification is required for all lifeguards (Supervision Levels I, IIa, IIb).

Provider	Certification Title
Code Standard	
American Red Cross (ARC)	<ul style="list-style-type: none"> • CPR for the Professional Rescuer
Accepted Courses	
American Academy of Orthopedic Surgeons (AAOS)	<ul style="list-style-type: none"> • Professional Rescuer CPR
American Heart Association (AHA)	<ul style="list-style-type: none"> • BLS Instructor • BLS for Health Care Providers • Health Care Providers
American Safety & Health Institute	<ul style="list-style-type: none"> • American Safety and Health CPR for Professional Rescuers (CPR PRO)
(Canadian) St. John Ambulance	<ul style="list-style-type: none"> • Level C (Basic Rescuer) CPR
Emergency Care Systems	<ul style="list-style-type: none"> • Basic Cardiac Life Support - C
Medic First Aid ²	<ul style="list-style-type: none"> • Medic First Aid Basic Life Support for Professionals ²
Heart & Stroke Foundation of Canada	<ul style="list-style-type: none"> • Level C - Basic Rescuer CPR
National Safety Council	<ul style="list-style-type: none"> • Professional Rescuer CPR
NYC Department of Parks & Recreation	<ul style="list-style-type: none"> • Municipal CPR: Basic Life Support
Regional Emergency Medical Services Council of New York City (REMSCO)	<ul style="list-style-type: none"> • BCLS for Health Care Providers Course
Workplace CPR	<ul style="list-style-type: none"> • Professional Rescuer CPR

***ANNUAL CPR re-certification is required, regardless of expiration date on card**

¹ A trip leader of a camp trip that includes an activity where emergency medical care is not readily available or an activity such as wilderness hiking, rock climbing, camping, horseback riding, bicycling, swimming and/or boating shall possess or be accompanied by staff who possess certification in ARC CPR for the Professional Rescuer or one of the additional acceptable courses.

An activity leader of an activity on the camp property where other CPR certified staff is not readily available shall possess or be accompanied by staff who possess certification in ARC CPR for the Professional Rescuer or one of the additional acceptable courses.

² Medic First Aid cards must be accompanied by a "Successful Evaluation Certificate" which indicates that the individual has passed written and performance evaluations.

CAMP AQUATICS DIRECTOR
for NYS Children's Camp Bathing Facilities
Fact Sheet - January 2006

A camp aquatics director must oversee all swimming activities that occur at swimming pools and bathing beaches operated as part of a children's camp. This person shall supervise lifeguards and other required staff during swimming activities and implement the camp safety plan. The camp aquatics director must:

- be at least 21 years of age
- have a minimum of three seasons of previous waterfront experience as a lifeguard *or* have prior experience as a camp aquatics director
- hold an accepted and current cardiopulmonary resuscitation (CPR) certificate as listed on the 2006 Fact Sheet entitled “Cardiopulmonary Resuscitation (CPR) Certification for NYS Children’s Camps and NYS Bathing Facilities”
- be currently certified in an accepted title as a progressive swimming instructor *or* a qualified lifeguard as described below.

Code Standards	Providers/Certification Titles	Comments
<p>Progressive Swimming Instructor*</p> <p>(OR)</p>	See "Progressive Swimming Instructor" Fact Sheet	<ul style="list-style-type: none"> • May also assess swimming ability. • May <u>not</u> perform lifeguard duties unless currently certified as a qualified lifeguard.
Qualified Lifeguard*	See "Aquatic Certifications" Fact Sheet	<ul style="list-style-type: none"> • Must be lifeguard certified for the specific type of bathing facility at the children's camp (i.e., surf, pool and beach and/or pool only). • May also perform lifeguard duties. • May <u>not</u> assess swimming ability unless certified as a progressive swimming instructor.

* Instructors for code standard or acceptable equivalent certification courses also qualify for the position of camp aquatics director. Candidates must present a valid certification(s) from the provider for the specific instructor's title. A lifeguard instructor may perform lifeguarding duties only when currently certified as a qualified lifeguard.

PROGRESSIVE SWIMMING INSTRUCTOR*

for NYS Children's Camps

Fact Sheet - January 2006

A progressive swimming instructor is required to assess the swimming ability of each camper prior to allowing the child to participate in aquatic activities.

The following courses meet the certification requirements as specified in Section 7-2.5(f) of Subpart 7-2 of the New York State Sanitary Code:

Provider	Certification Title
<div style="border: 1px solid black; padding: 5px; display: inline-block;">Code Standard</div>	
American Red Cross (ARC)	<ul style="list-style-type: none"> Water Safety Instructor
<div style="border: 1px solid black; padding: 5px; display: inline-block;">Acceptable Equivalent Courses</div>	
Boy Scouts of America	<ul style="list-style-type: none"> Aquatics Instructor, BSA Cub Scout Aquatics Supervisor, BSA
Canadian Red Cross	<ul style="list-style-type: none"> Water Safety Instructor
YMCA	<ul style="list-style-type: none"> Special Population Swimming Instructor Swim Lessons - Preschool Instructor Swim Lessons - Parent/Child Instructor Swim Lessons - Youth/Adult Instructor Level 1 Swim Lessons - Youth/Adult Instructor Level 2

*A progressive swimming instructor may not perform lifeguard duties unless currently certified as a qualified lifeguard (see "Aquatic Certifications" fact sheet).

A person qualified as a progressive swimming instructor may be the camp aquatics director, if they meet additional requirements of subdivision 7-2.5(e) of Subpart 7-2 of the State Sanitary Code.

AQUATIC CERTIFICATIONS

for NYS Bathing Facilities

Fact Sheet - January 2006

When the State Sanitary Code (SSC) requires "lifeguard supervision" or a "qualified lifeguard" at a bathing facility, an approved lifeguard certification SPECIFIC to the type of bathing facility is required.

- NOTE:**
- All lifeguards are required to possess American Red Cross (ARC) Basic Life Support for the Professional Rescuer cardiopulmonary resuscitation (CPR) or a CPR equivalent noted on the CPR fact sheet. All cardiopulmonary resuscitation certificates must be renewed within 1 year of completion of the course, regardless of the expiration date noted on the card.
 - Children's camp lifeguards must be at least 17 years of age except;
 - a maximum of 20% of the required lifeguards on duty may be 16 years of age;
 - lifeguards for wilderness swimming must be at least 18 years of age.
 - Lifeguard certifications are valid for a maximum of 3 years from date of issuance.

STANDARD				
New York State Sanitary Code	<ul style="list-style-type: none">Subpart 6-1, Section 6-1.31, Swimming PoolsSubpart 6-2, Section 6-2.20, Bathing BeachesSubpart 7-2, Section 7-2.5(g), Children's Camps			
ACCEPTED COURSES				
		SUPERVISION LEVEL		
		Marked boxes indicate acceptability		
PROVIDER	CERTIFICATION TITLE	Level I Surf	Level II B Pool & Beach	Level II A Pool Only
American Lifeguard Assoc., Inc.	Basic Lifeguarding			X
	Lifeguard Training		X	X
American Red Cross (ARC) IN ORDER TO QUALIFY FOR LEVEL IIB, CANDIDATE MUST BE CO-CERTIFIED WITH THE ARC "WATERFRONT LIFEGUARD" MODULE CERTIFICATE.	Lifeguard Training			X
	Lifeguard Training and Waterfront Lifeguard (Requires 2 certificates)		X	X
Boys Scouts of America (BSA) ALL CERTIFICATIONS ARE VALID FOR 3 YEARS FROM DATE OF ISSUE AND CARD HOLDER MUST BE AT LEAST 15 YEARS OF AGE (17 YEARS OF AGE FOR CHILDREN'S CAMPS).	Lifeguard, BSA		X	X
	Aquatics Instructor, BSA		X	X
Breezy Point Cooperative, Inc.	Breezy Point Surf Lifeguard	X		
Cattaraugus County EMS	Cattaraugus County EMS Lifeguard Training Program		X	X
Ellis and Associates National Pool and Waterpark Lifeguard Training	Pool Lifeguard Training			X
	Special Facilities Lifeguard Training			X
Hamptons Consortium	Hamptons Consortium Surf Lifeguard	X	X	X
Incorporated Village of Saltaire	Ocean Lifeguard Certificate	X		
	Bay Front Lifeguard Certificate		X	
Lindenhurst School District	Lindenhurst School District Surf Lifeguard	X	X	X

AQUATIC CERTIFICATIONS
For NYS Bathing Facilities – Continued

		SUPERVISION LEVEL		
		Marked boxes indicate acceptability		
PROVIDER	CERTIFICATION TITLE	Level I Surf	Level II B Pool & Beach	Level II A Pool Only
Nassau Co. Department of Health	"Day Camp Only"			X
	Grade 1A			X
	Grade 1B			X
	Grade II		X	X
	Grade III	X	X	X
New York City Department of Parks	Municipal Lifeguard	X	X	X
	Municipal Lifeguard "pool only"			X
Royal Life Saving Society, Canada <small>ALL CERTIFICATIONS ARE VALID FOR 2 YEARS FROM DATE OF ISSUANCE.</small>	National Lifeguard Service (NLS) Pool			X
	National Lifeguard Service (NLS) Waterfront		X	
	National Lifeguard Service (NLS) Surf	X		
Suffolk County Department of Parks	Ocean Lifeguard Training	X		
	Stillwater Lifeguard Training Course		X	
Town of Babylon	Ocean Lifeguard	X	X	X
	Stillwater Lifeguard Training Course		X	X
Town of Brookhaven	Ocean Theory Course	X	X	X
Town of East Hampton	Surf Lifeguard	X	X	X
	Pool and Beach Lifeguard		X	X
Town of Islip	Surf Lifeguard	X	X	X
	Pool and Beach Lifeguard		X	X
Town of Southampton	Ocean Lifeguard	X	X	X
	Stillwater Lifeguard		X	X
Village of Ocean Beach	Ocean Beach Atlantic Ocean Lifeguard Course	X	X	X
YMCA	YMCA Lifeguard		X	X
	Lifeguard		X	X
<div style="border: 1px solid black; padding: 5px; display: inline-block;">SPECIAL CERTIFICATIONS</div>				
Ellis and Associates National Pool and Waterpark Lifeguard Training	Shallow Water Lifeguard: Valid for pools with water depths of four feet or less.			
Royal Life Saving Society, Canada	National Lifeguard Service (NLS) Waterpark: Valid for water parks only.			

NYS Bathing Facilities

Level III and IV Aquatic Supervision Staff

CARDIOPULMONARY RESUSCITATION* (CPR)

CERTIFICATION

Fact Sheet - February 2006

All level III and IV Aquatic Supervisory Staff are required to possess American Red Cross Community Cardiopulmonary Resuscitation (CPR) or equivalent certifications.

Provider	Certification Title
<div style="border: 1px solid black; padding: 5px; display: inline-block;">Code Standard</div>	
American Red Cross	Community CPR (certification may state "Adult, Infant and Child")
<div style="border: 1px solid black; padding: 5px; display: inline-block;">Accepted Courses</div>	
American Heart Association (AHA)	➤ Heartsaver CPR for All Ages**
EMS Safety Services, Inc.	➤ CPR
Medic First Aid ³	➤ "Medic First Aid Basic" and "Medic First Aid Infant and Child Supplement" ^{1,3}
Medic First Aid ³	➤ Medic First Aid Care Plus CPR ^{2,3}

****ANNUAL CPR recertification is required, regardless of the expiration date shown on the card.***

ARC Basic Life Support for the Professional Rescuer and its equivalents exceed the requirements for ARC Community CPR and are also acceptable for level III and IV Aquatic Supervisory staff. A complete list of these courses can be found on the 2006 Fact Sheet entitled "Cardiopulmonary Resuscitation (CPR) Certification for NYS Children's Camps and NYS Bathing Facilities."

** This certification will say "Heartsaver CPR" on it with the words "Adult, infant and child."

¹ Individuals must possess certification in both courses to qualify.

² The card must indicate that Adult, Infant, and Child Skills were taught.

³ Medic First Aid cards must be accompanied by a "Successful Evaluation Certificate" which indicates that the individual has passed written and performance evaluations.